SAY GOODBYE TO SEASONAL ALLERGIES! Summit Integrated Health's Inflammation Testing and Immunotherapy Program

re you battling with seasonal allergies? Is something in the Las Vegas air not agreeing with your nose? Does this time of year usually come with stuffy noses, headaches, sneezing, or itchy eyes? With spring coming into full force and flowers finally blooming, allergy season is upon us. At Summit Integrated Health, we have a solution to help people just like you who are suffering from their allergies. The solution? Inflammation testing!

At Summit Integrated Health we offer a multitude of services ranging from primary care, regenerative medicine, chiropractic, and physical therapy. With our exceptional medical staff headed by our nurse practitioners Rachelle Maas, FNP-C Integrated Health can find out what allergens we are having reactions to that are causing those pesky symptoms we so commonly think we must live with. Alongside the inflammation testing, which only identifies what our body has reactions too, Summit Integrated Health offers immunotherapy programs that can virtually make those seasonal allergy symptoms disappear! No longer are we stuck with having to just deal with what our allergies do to us.

What does the process of inflammation testing look like? At Summit Integrated Health, the way we administer inflammation testing is by utilizing a scratch test, typically done on your back. We test for 100 different allergens from food, pollen, and more environmental factors. We expose your skin to a very subtle concentrate of allergens and measure those reactions. As soon as the test is completed, you are sat down with our nurse practitioner who educates you on the test results so that you are as in the loop as possible with what is going on inside of your body. Upon completion of the inflammation test, you now have the opportunity to combat those irritating allergens with our immunotherapy program!

Our immunotherapy program can stop those seasonal allergies dead in their tracks. And not for just one season, but for long lasting results that you will be able to feel for years to come. The immunotherapy program is a six-month long program consisting of allergy injections twice a week. These injections have small concentrations of what allergens you had reactions to from your inflammation test. Each injection gets higher in concentration, allowing our immune system to build an immune response to those substances. Over time, our immune system will adapt to this exposure, slowing down the symptoms that we get from these allergens. You can conquer your aller-

Summit Inteproviding the best care possible to our patients. Beyond inflammation testing and our immunotherapy programs, we offer primary care, joint regeneration treatments (knee, hip, and shoulder), spinal decompression treatments, and physical therapy modalities to get our patients feeling their absolute best. Having the wide array of treatments available allows us to help each patient with their specific, unique needs. We understand that each individual that

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walks through our doors is exactly that, an individual. Your care should not be a one size fits all style. We take this very seriously at Summit Integrated Health and remain dedicated to not putting a simple band-aid over an issue, but using our state-of-the-art treatments, equipment, and wonderful staff to find out the root cause of our problems. **MV**

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